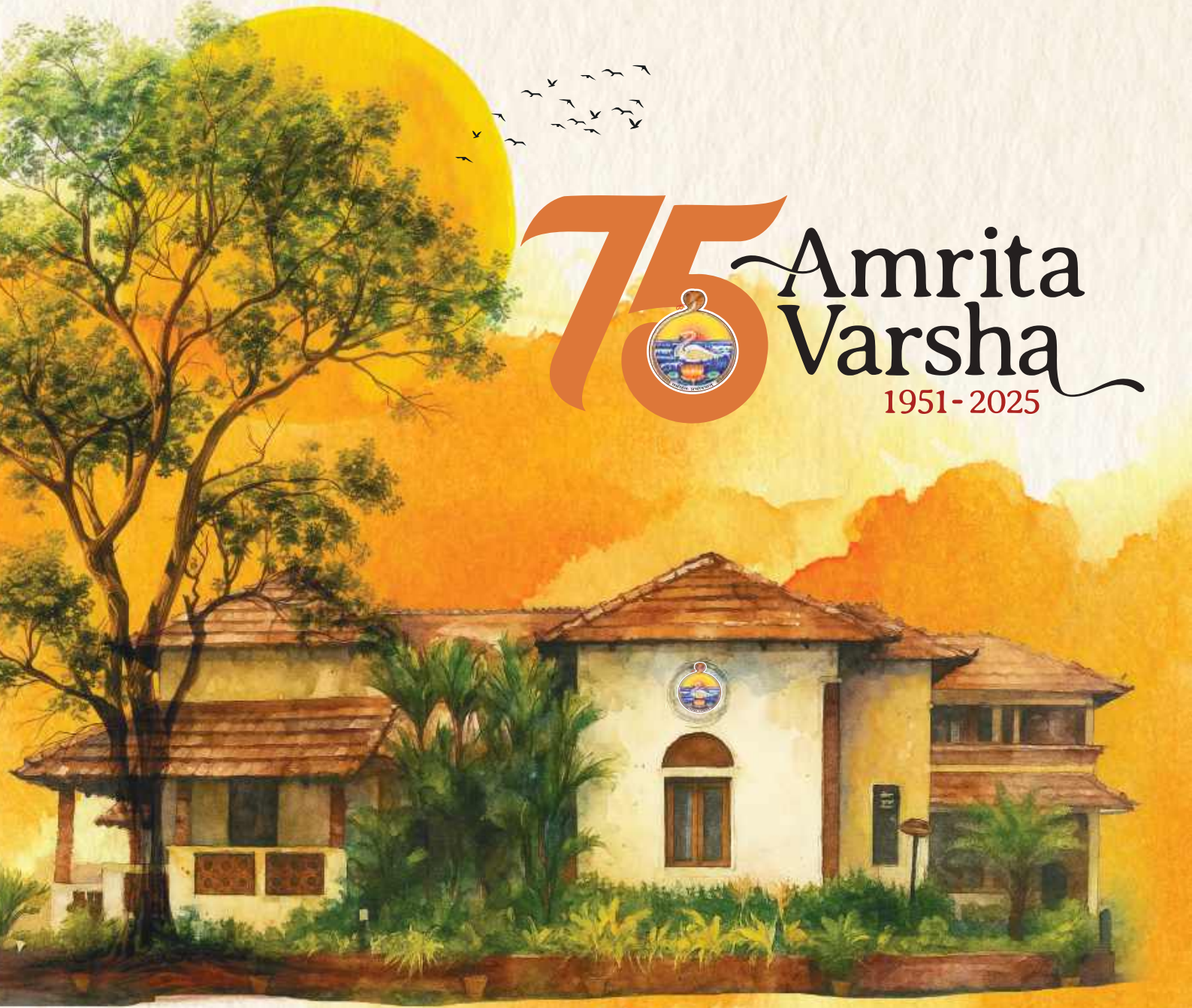




Ramakrishna Mission

Mangaladevi, Mangaluru

(A Branch of the Ramakrishna Mission, Belur Math, Howrah
started by Swami Vivekananda in 1897)



Celebrating 75 Glorious Years of
Service to Humanity



Our Source of Inspiration
SWAMI VIVEKANANDA

It is a privilege to serve mankind,
for this is the worship of God.
God is here, in all these human souls.
He is the soul of man.



Ramakrishna Mission, Mangaluru, established in 1951, is celebrating its **Platinum Jubilee - Amrita Varsha**, marking a glorious 75-year journey of service to humanity.

The specially designed logo and theme image beautifully capture the essence of the Ashrama's **Fourfold Activities: Educational, Social, Cultural, and Spiritual**.

The **Entrance Building** of the Ashrama stands tall, symbolizing the foundation of all services rendered over seven decades.

The **Reading Boy** represents the wide range of educational initiatives Balakashrama, coaching centres, value education, and youth programmes that nurture knowledge and character.

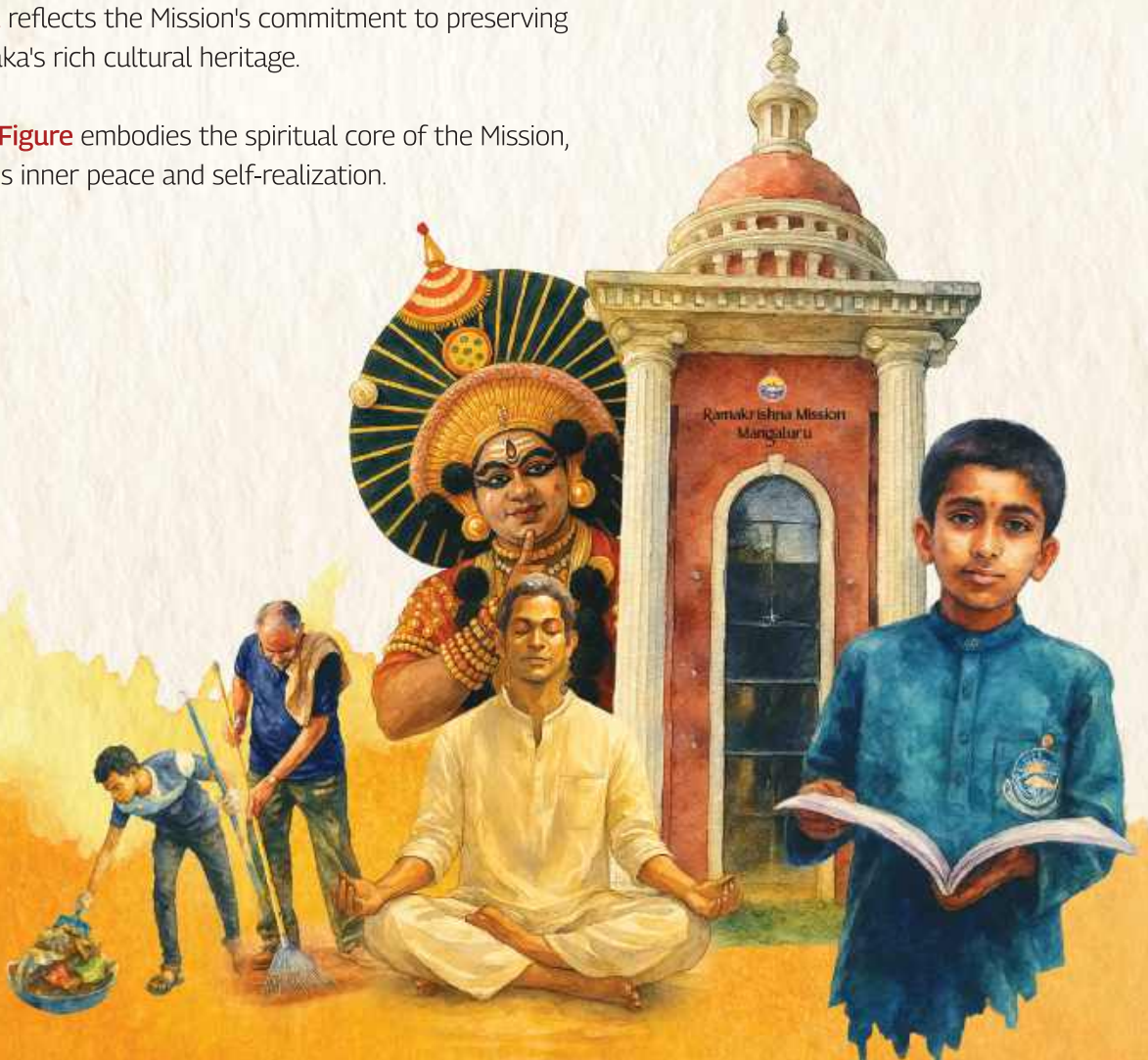
The **Act of Cleaning** signifies the Mission's contribution to society through initiatives like the Swacch Mangaluru Abhiyan and other service projects.

The **Yakshagana Artist** reflects the Mission's commitment to preserving and promoting Karnataka's rich cultural heritage.

Finally, the **Meditating Figure** embodies the spiritual core of the Mission, guiding seekers towards inner peace and self-realization.



**Celebrating 75 Glorious Years of
Service to Humanity**



OUR IDEALS



Swami Vivekananda
(1863-1902)



Sri Ramakrishna Paramahansa
(1836-1886)



Sri Sarada Devi (Holy Mother)
(1853-1920)

We draw our inspiration from the life and teachings of the Holy Trio.
Their accumulated wisdom and the institutional experience of Ramakrishna Math
& Ramakrishna Mission guide us in our spiritual endeavours.

OUR MOTTO

"आत्मनो मोक्षार्थं जगद्धिताय च"

"For one's own salvation and for the welfare of the world"



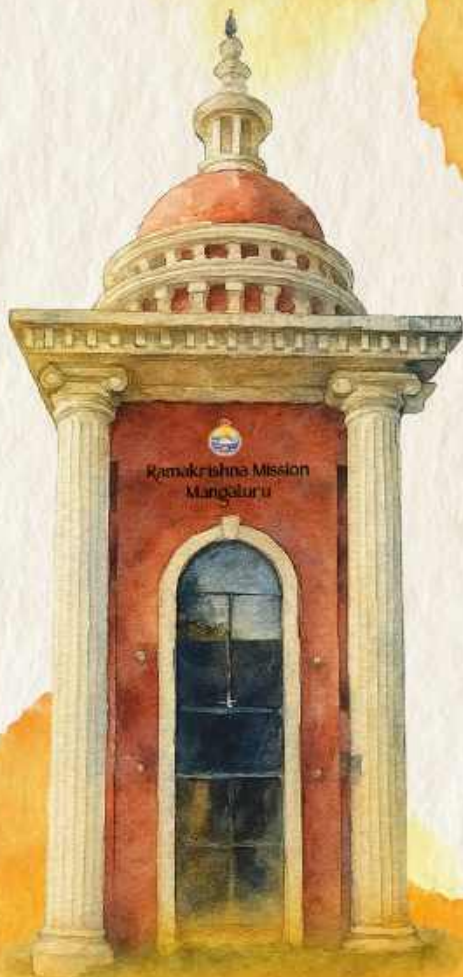
Our Emblem:

The emblem of the Ramakrishna Order, designed by Swami Vivekananda, is a unique work of art created in an exalted mood of spiritual inspiration. The wavy waters represent Karma Yoga, the lotus represents Bhakti Yoga, the rising sun represents Jnana Yoga, the encircling serpent represents Raja Yoga, and the swan represents Paramatman (Supreme Self). It is a profound symbol of harmony and synthesis for meditation in this age of conflict.

OUR HEADQUARTERS

Belur Math

Founded in January 1899, Belur Math serves as the headquarters of Ramakrishna Math and Mission worldwide. Located on the western bank of the river Hooghly in West Bengal, this sacred campus spans forty acres. The architecture uniquely fuses Hindu, Islamic, Buddhist, and Christian elements, symbolizing the harmony of all religions. This is where Swami Vivekananda spent his final years and established these twin organizations that have served humanity for over a century.



OUR CENTER

Ramakrishna Mission Mangaluru

Ramakrishna Math, Mangaluru was founded in a rented building in Lalbagh area on **3rd June 1947** under the leadership of Swami Vimalanandaji. The Mission was shifted to its present seven-acre premises in **August 1951**, thanks to the generous offer of Sahukar Venkatesh Pai who donated the beautiful property along with the Balakashrama. Situated in the auspicious neighborhood of the ancient Mangaladevi Temple, our ashram reflects an ambience of peace and tranquility. With hundreds of trees and plants adorning the campus, it provides solace to monks, students, and devotees alike.

OUR SERVICES

For over **75 glorious years**, our services have embraced the **holistic development** of individuals and society, addressing every facet of human life — from **spiritual growth** to **educational empowerment**, from **cultural preservation** to **environmental stewardship**. Rooted in the coastal district of Karnataka, our fourfold activities — **educational, social, cultural, and spiritual** have touched countless lives, fostering character, compassion, and progress while upholding timeless values that enrich both individuals and the larger community.





Swami Vivekananda Coaching Centre

We conduct surveys of local schools to identify children from backward classes and low-income families who need educational support. Every working day after school hours, these children receive free coaching under our dedicated program. Most suffer from poor academic performance and malnutrition, so we provide trained teachers, nutritious meals, milk, toiletries, and personal hygiene training.



Educational Activities

Balakashrama Residential Boys Hostel

Started in 1951, Balakashrama provides free boarding, lodging, and educational facilities to 75 students from economically backward families from rural areas. These children receive not only academic support but also character development training, enabling them to lead lives rooted in moral, ethical, and spiritual values. The facility provides uniforms, textbooks, nutritious meals, and comprehensive care without regard to caste or creed.



Sri Sarada Devi Adhyayana Kendra (Study Hall)

Our dedicated study hall facility provides a peaceful environment for students preparing for competitive exams like UPSC, NEET, CA and others. This sacred space, named after the Holy Mother, offers the necessary infrastructure for serious study and contemplation.

Swami Vivekananda School of Values (SVSV) Programs

Viveka Sphoorti

A half-day experiential visit to Ramakrishna Mission, where students step into the calm of the Ashrama - experiencing motivational talks, guided meditation, interaction with Swamiji, a glimpse of Mission activities, and a serene campus tour. An inspiring journey to discover values, strength, and inner peace.

Viveka Jagruti

One-hour interactive sessions at educational institutions that share Swami Vivekananda's vision through stories, discussion, and reflection. Students are motivated towards purposeful living, critical thinking, and strong character.



Viveka Vahini

A mobile book exhibition that travels to schools and colleges, making inspiring literature on personality development and nation-building accessible. The exhibition encourages reading and engagement with transformative ideas.



YouWA (Youths on Weekend at Ashrama)

On weekends, youth visit Ashrama, where they are introduced to ashram life through guided tours, visits to the prayer hall and meditation sessions, and an hour of physical service. The program also features inspiring sessions by Pujya Swamijis and eminent speakers who share Swami Vivekananda's message, along with effective techniques and real-life applications. These experiences aim to help young minds strengthen character, enhance skills, and contribute meaningfully to society.

Viveka Vani

Organized in collaboration with the Swami Vivekananda Study Centre, Mangalore University, this monthly lecture series is held on the 12th of each month at various institutions. The program features engaging lectures and interactive discussions on Swami Vivekananda's ideas, led by expert speakers and specially invited guests.

Be and Make

In collaboration with Mangalore University, this empowerment workshop focuses on holistic personality development inspired by Swami Vivekananda's teachings. Designed especially for youth, the program helps participants build confidence, cultivate the spirit of selfless service, and gain practical, hands-on experience.





Symposium, Seminars & Value Education Programs:

Every year, the Mission organizes **National Youth Day**, the three-day **Shraddha, Medha, Prajna** Education Symposium, **Shakthi** – Women's Empowerment Seminar, and **Sphoorti** – Youth Empowerment Seminar. **Value education sessions for teachers, parents, and institutions** blend spiritual wisdom with practical skills, fostering all-round character development. These initiatives inspire values, leadership, and service, nurturing individuals to contribute meaningfully to society while embodying Swami Vivekananda's ideals.



Prerana - Residential Youth Camp

Prerana is a residential camp for rural youths, aimed at instilling values and developing leadership skills. Annual summer camps for students feature engaging sessions on personality development, fostering confidence, discipline, and character, while creating memorable experiences that inspire purposeful living and service in the spirit of Swami Vivekananda.



Nivedita Balaga

Nivedita Balaga, the youth wing of the Mission, meets every Sunday for activities focused on personality development, reading Swami Vivekananda's works, and volunteering. The members actively participate in all Ashrama programmes, offering their selfless service. It nurtures leadership, discipline, and a spirit of dedication among today's youth.




Balavrinda

Sunday classes (8.30 am - 12 noon) for school children from different institutions. Activities include drawing, Karate, Yogasanas, Bharatanatyam, Chess, bhajans, and Bhagavad Gita lessons, imparted by dedicated volunteers. This initiative blends cultural and spiritual learning, fostering creativity, discipline, and value-based living in young minds through joyful participation.

Social Activities

Swacch Mangaluru Abhiyan

Ramakrishna Mission Mangaluru has been at the forefront of creating awareness and action for cleanliness through a wide variety of Swacchata Programmes across the city.



“Ramakrishna Mission has taken a remarkable initiative through Swacch Mangaluru Abhiyan, inspiring citizens to take responsibility for their homes, society, and nation. This movement reminds us that true nation-building begins with our role in keeping the country clean.”

— **Nana Patekar,**
Renowned Actor & Social Worker



During Swacch Mangaluru Abhiyan 1.0 (2015–2019), we conducted the Sunday cleanliness drives – “Swacch Bharat Shramadan” contributing nearly 20 lakh man-hours, daily awareness sessions on wet waste management – “Swacch Mangaluru” reaching over 3,00,000 households, school-based initiatives – “Swacch Manas” engaging more than 25,000 children, 250 magic shows on cleanliness reaching 2,00,000 children, “Swacch Soch” workshops for 15,000 college students, and impactful distribution programs for pot composters and waste bins, alongside seminars and many other meaningful activities.

Building on this strong foundation, Swacch Mangaluru Abhiyan 2.0 (Oct 2023 - Oct 2024), supported by MRPL, achieved remarkable milestones: 12 cleanliness drives, removal of 53,000+ kg of waste, mobilizing 4,426 volunteers, planting 1,400+ saplings, and reaching 5,000 households with awareness messages. Beautification projects and targeted awareness drives promoted sustainability, hygiene, and civic pride, in alignment with UN Sustainable Development Goals.

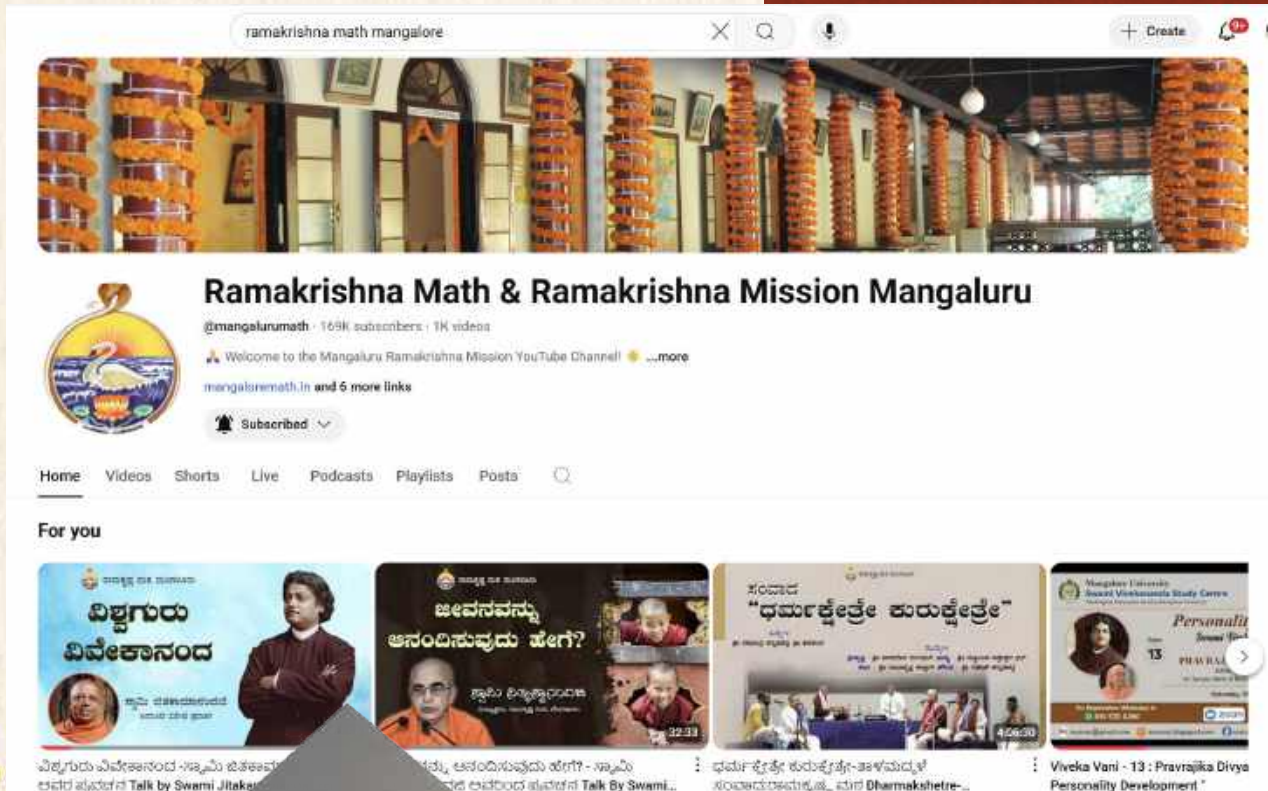


Before



After





Studio, YouTube Channel & Digital Platforms

The Mission operates its own content studio and a popular YouTube channel with nearly 2 lakh subscribers, proudly awarded the Silver Play Button. Active across Facebook, Instagram, and X with a significant number of followers, it organically shares Ramakrishna-Vivekananda-Vedanta content, inspiring youth and devotees worldwide through engaging, value-based digital outreach.





Scholarship Distribution

Upholding the Mission's tradition of supporting education, we annually distribute scholarships worth approximately 10 lakhs to deserving students from economically backward classes. This initiative helps meritorious students pursue higher education without financial constraints.



Students' Study Materials Distribution

Every year, we distribute school bags, uniforms, notebooks, umbrellas, and stationery items worth nearly 5 lakhs to about 200 deserving students. This comprehensive support ensures that financial constraints don't hinder educational access.



Medical Checkup Camps

We conduct monthly health check-up camps for students of our coaching centre. Occasionally, we also organize medical camps and blood donation drives for the public, addressing the healthcare needs of underprivileged children and the wider community.



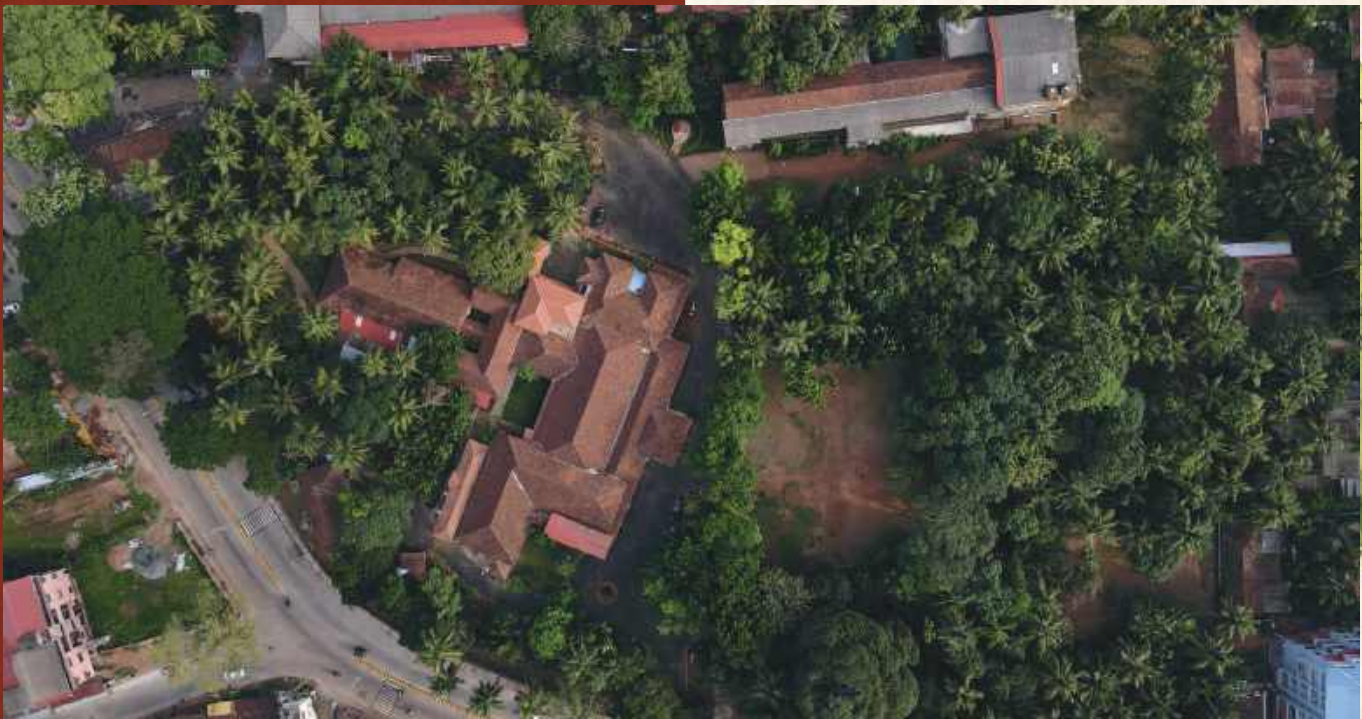
Community Welfare Initiatives

Our volunteers promptly respond to community needs, extending support during crises such as the 2018 Coorg floods. During the Covid-19 pandemic, the Ashrama team carried out extensive awareness campaigns on social distancing, distributed masks, raised funds, and supplied food kits to those in need. We also occasionally organize clothing distribution drives for economically disadvantaged communities and provide nutritious food and milk to children from underprivileged families, ensuring care and dignity for all.



Vivekananda Vrikshalaya - Miyawaki Urban Forests

We pioneered the concept of urban forests in Mangaluru to protect biodiversity and promote native flora, envisioning a city enriched with thriving Miyawaki forests. Our first project, at the DK Zilla Panchayat premises, introduced 56 native species and 460 saplings using the Japanese Miyawaki technique, known for producing plantations 10 times faster in growth and 30 times denser than conventional methods. The second project, on the Ashrama campus, followed the same technique, planting 40 species and 450 saplings, further advancing our mission to create lush, self-sustaining green spaces across the city.



Water Conservation & Campus Greenery

Small ponds with koi fish and water hyacinth naturally purify water while creating serene environments. The entire campus, with its hundreds of trees and plants, serves as a green lung for the urban area, maintaining ecological balance and providing a peaceful sanctuary for spiritual practice.

Cultural Activities

Yakshagana Programs

In partnership with Vibhinna, we organize special Yakshagana performances in our Vivekananda Auditorium. This traditional Kannada dance-drama form receives our dedicated support, helping preserve local artistic heritage while providing livelihood opportunities for traditional artists.





Panchamada Inchara Viveka Smrithi - Hindustani Musical Festival

In association with Chiranthana Charitable Trust, we organize this prestigious annual festival that provides a platform for distinguished artists to showcase their talent. Maestros of flute, shehnai, sitar, tabla, vocal music enthrall music lovers of Mangaluru, preserving and promoting classical traditions. Some of the artists who have performed on our platform include Pt Venkatesh Kumar, Smt Ashwini Bhide, Sri Jayateerth Mevundi, Pt Praveen Godkhindi, Ustad Shahid Pervez, Pt Ram Deshpande, Pt Yogesh Shamsi, Pt Vinayak Torvi and others.

Carnatic Music Concerts

Collaborating with Bharatiya Vidya Bhavan and Sangeetha Parishat, we host Carnatic vocal & Instrumental concerts by renowned artists like Malladi Brothers, T M Krishna, Sid Sriram, Padmashree Kanyakumari, Sandeep Narayan, Ganga Sasidharan, Sikkil Gurucharan, Sooryagayatri, Abhishek Raghuram, Ranjani - Gayatri and others. These concerts elevate the cultural atmosphere and provide exposure to authentic classical music.



Dasavani

To promote Dasa Sahitya—a rich genre of Kannada devotional literature dedicated to praising Lord Vishnu and his avatars, composed by the Haridasas—the Ashrama is organizing a monthly Dasa Sahitya vocal music concert in its premises.



Talamaddale & Traditional Arts

We regularly host Talamaddale (musical storytelling), Ashtavadhana (literary artistry), Gamakavachana (melodious recitation), and Vachanagayana & Harikatha programs. These events celebrate the rich literary and cultural traditions of Karnataka.





Art Camps

We occasionally organize Art Camps to promote local art and support artists. These camps provide a platform for showcasing creative works while also serving as learning spaces where artists guide and train students. The initiative nurtures creativity, preserves cultural expression, and encourages young minds to explore artistic talent.



Spiritual Activities



Daily Worship & Sacred Rituals

Our prayer hall houses a beautiful shrine dedicated to Sri Ramakrishna, Sri Sharada Devi, and Swami Vivekananda. Daily worship begins at **5:45 am with Mangalarati**, followed by Vedic hymns and prayers by Balakashrama students. The evening **Sandhyarati Starts at 6:30 pm**, followed by **Bhajans until 7:15 pm**, creating a divine atmosphere for spiritual seekers.

Festival Celebrations

We observe sacred festivals with due reverence and grandeur. Birthdays of the Holy Trio are celebrated with special worship and havan. Durga Puja transforms our campus into a spiritual haven with elaborate decorations and continuous prayers. Krishna Janmashtami features night-long bhajans and cultural programs. Ganesh Chaturthi brings the community together in devotional fervor, while other festivals like Ramanavami and Buddha Purnima are observed with traditional solemnity.



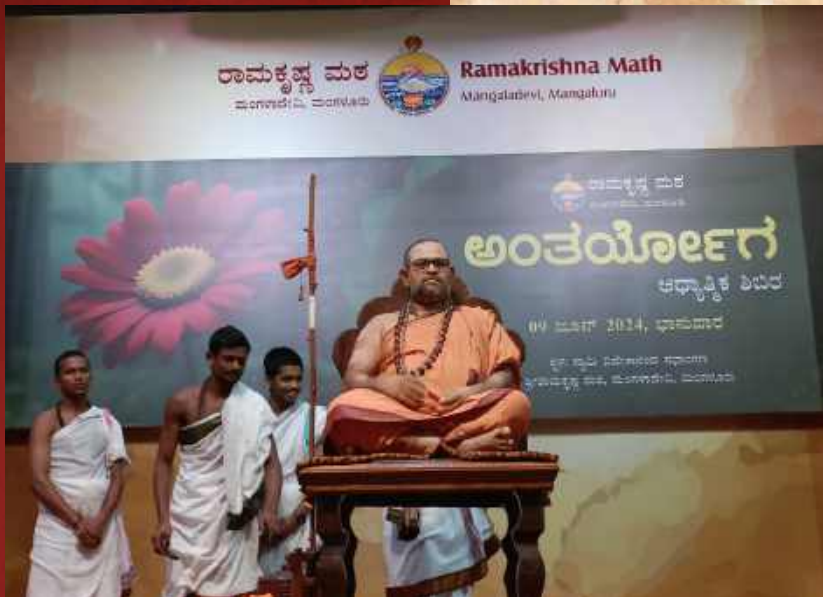
Bhajan Sandhya

On the first and second Sunday of every month, we organize Bhajan concerts in our prayer hall, inviting local Bhajan teams to perform. This initiative aims to nurture devotion (bhakti) and strengthen the spiritual fabric of the region.



Antar Yoga - Spiritual retreat

Antar Yoga is an occasional day-long spiritual retreat for devotees. During this program, monks of the Ramakrishna Order, saints from other traditions, and eminent spiritual personalities deliver uplifting discourses. The retreat also includes soulful bhajans and guided meditation sessions, offering participants a deep and enriching spiritual experience.





Bhava Sangama - Devotees' Convention

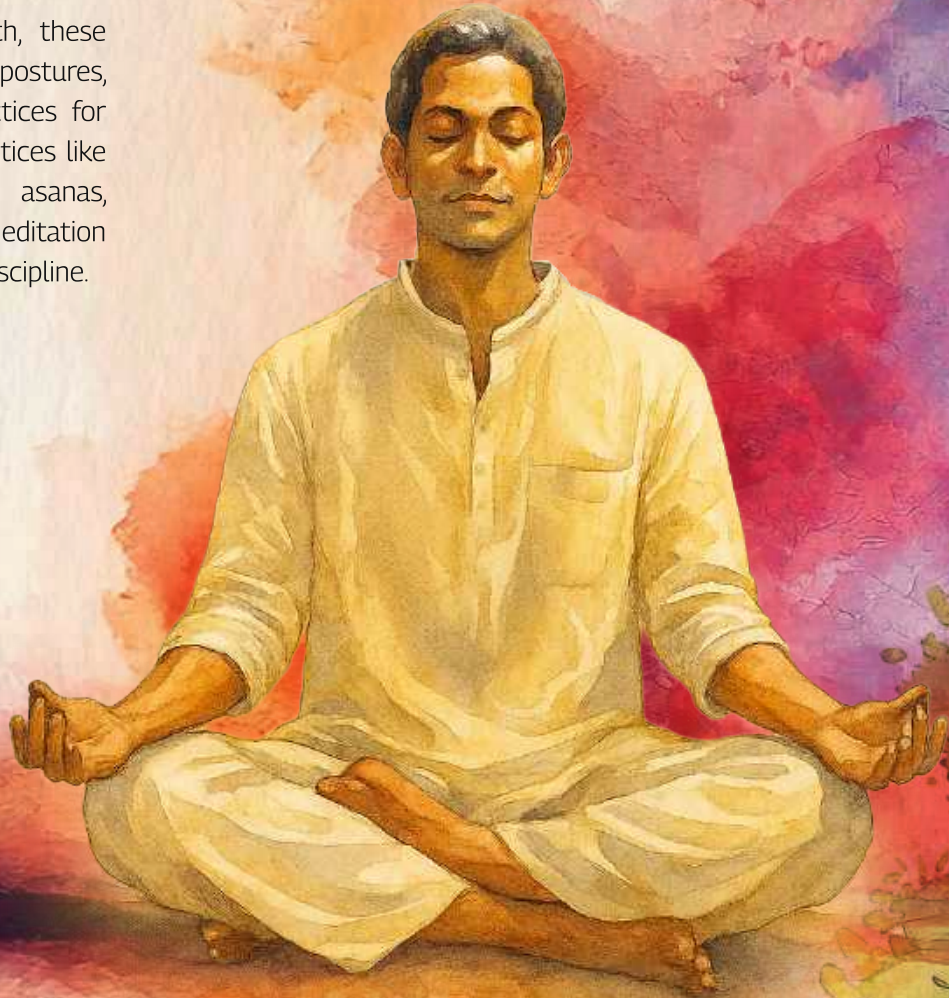
Our occasional three-day residential convention propagates the messages of the Holy Trio through discourses, interactive sessions, devotional songs, and cultural events, fostering deep spiritual connections among participants.





Yoga Classes

Held during fifteen days of every month, these structured yoga sessions combine physical postures, breathing exercises, and mindfulness practices for holistic well-being. The classes include practices like Suryanamaskara, basic and intermediate asanas, pranayama, mudras, and guided meditation techniques rooted in the traditional yogic discipline.



Sri Sarada Mahila Vrinda

The women devotees' wing meets every Wednesday for spiritual growth and service. Members actively volunteer in Ashrama activities, participate in retreats, and engage in charitable initiatives, fostering devotion, sisterhood, and selfless contribution to society.



Our Facilities

1. The Prayer Hall

2. Vivekananda Book World

(Exhibition & Sales of Ramakrishna-Vivekananda Vedanta Literature)

3. Ramakrishna Mission Balakashrama

(Free hostel & training to poor meritorious high school students from rural area)

4. Swami Vivekananda Coaching Center

(Tuition Class for Underprivileged Children)

5. Sri Sarada Devi Adhyayana Kendra

(Study Hall for students preparing for competitive exams)

6. Sharada Library

(Books on Indian Knowledge System- IKS & Spirituality)

7. Swami Vivekananda Auditorium

8. Yoga Hall

9. Vivekananda Vrikshalaya

(Miyawaki Urban Forest) & Green Campus

10. Studio for YouTube Channel & Digital Platforms



The Prayer Hall



**Vivekananda
Book World**



**Ramakrishna Mission
Balakashrama**



**Swami Vivekananda
Coaching Centre**



**Sri Sarada Devi
Adhyayana Kendra**



Sharada Library



**Swami Vivekananda
Auditorium**



Yoga Hall



**Vivekananda Vrikshalaya
& Green Campus**



**Studio for YouTube Channel
& Digital Platforms**

Our Programmes



FOR YOUTHS & STUDENTS

Viveka Sphoorti: Half-day campus visit for school children with motivational talks, guided meditation, and ashram tour.

Viveka Jagruti: One-hour sessions at colleges introducing Swami Vivekananda's teachings and Mission activities.

Viveka Vahini: Mobile book exhibition promoting reading, personality development, and nation-building ideas.

YouWA: Youths on Weekend at Ashrama with Campus tour, meditation, service, inspiring talks and motivational sessions.

Viveka Vani: Monthly lecture series on Swami Vivekananda's teachings in association with Mangalore University.

Be and Make: Leadership development workshops for college students, fostering confidence, service spirit, and practical skills.

Seminars & Value Education Programmes: Annual and special events for students, youth, professionals, teachers, parents, and institutions, blending spiritual wisdom with practical skills.

Nivedita Balaga: Youth wing meeting every Sunday for activities and volunteering.

Balavrinda: Sunday classes for school children (8.30 am-12 noon) with value based spiritual activities.

Scholarships: For meritorious deserving students.

Internship: 1-6 month internships for college boys, with or without residential facilities.

FOR PUBLIC

Swacch Mangaluru Abhiyan: Monthly cleanliness drives with awareness activities and volunteering.

Yoga Classes: Regular yoga training for all.

Cultural Events: Yakshagana, Hindustani & Carnatic music, Dasavani, Harikatha and more.

Awareness Events: Public lectures, medical checkups, health camps, agro-organic fairs & women empowerment sessions.

Medical Camps: Health camps and blood donation drives for students and community

FOR DEVOTEES

Daily Prayer: At 6:30 pm in the prayer hall.

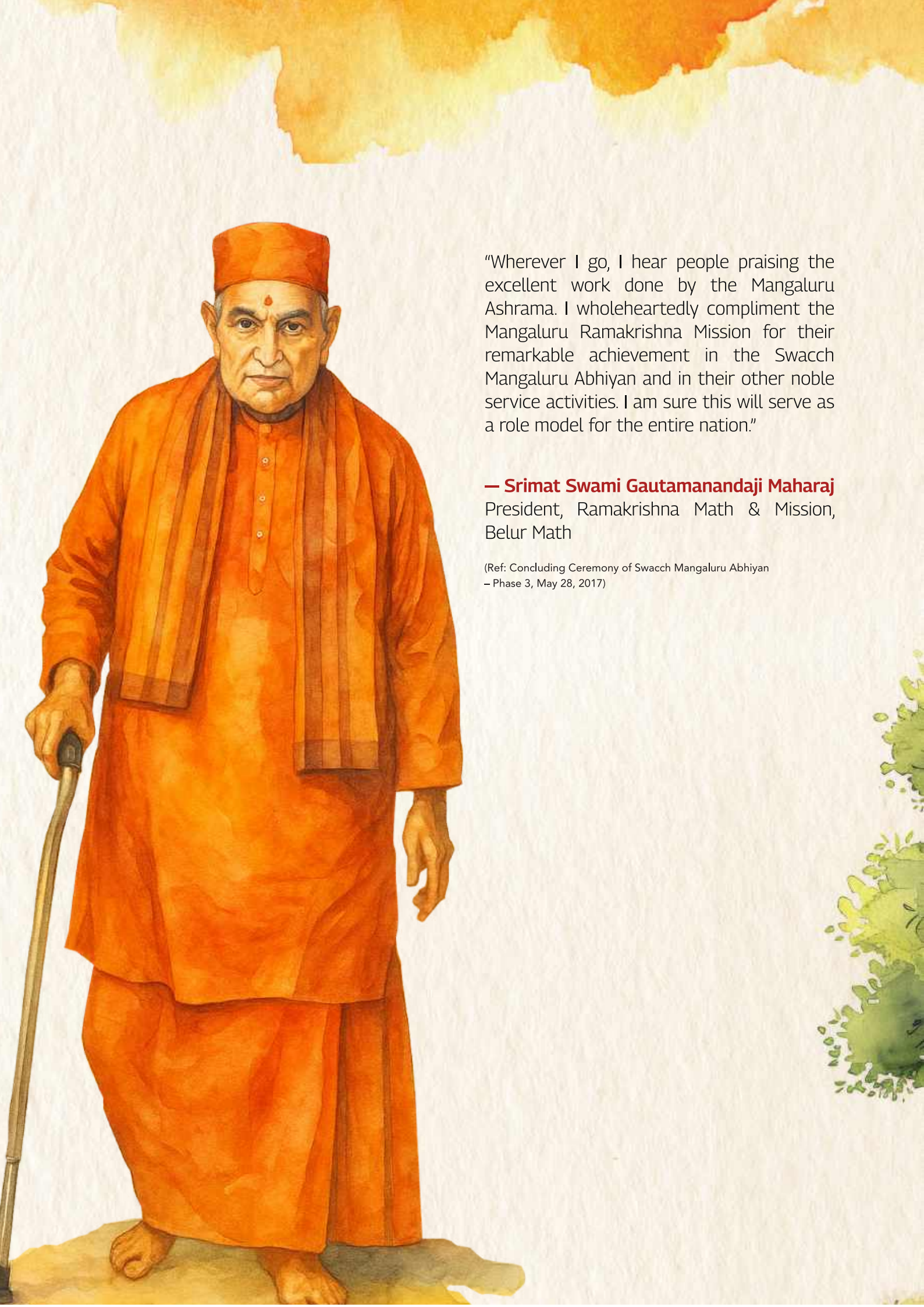
Festivals & Celebrations: Observance of major religious occasions.

Bhajan Sandhya: First and second Sunday evenings every month.

Weekly Talks: Spiritual talks for devotees on Wednesdays.

Antaryoga: Occasional spiritual retreats for devotees.

Sharada Mahila Vrinda: Women devotees' wing meeting every Wednesday



"Wherever I go, I hear people praising the excellent work done by the Mangaluru Ashrama. I wholeheartedly compliment the Mangaluru Ramakrishna Mission for their remarkable achievement in the Swacch Mangaluru Abhiyan and in their other noble service activities. I am sure this will serve as a role model for the entire nation."

— **Srimat Swami Gautamanandaji Maharaj**
President, Ramakrishna Math & Mission,
Belur Math

(Ref: Concluding Ceremony of Swacch Mangaluru Abhiyan
– Phase 3, May 28, 2017)

Contact Information

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Mangaladevi, Mangaluru, Karnataka 575001, India

Phone: 0824-2414412, 9448489399 | **Email:** mangaloremath@gmail.com

Website: www.mangaloremath.in

Visiting Hours

Ashram & Office: 9:00 am to 12:30 pm | 3:30 pm to 6:30 pm

Prayer Hall: 5:45 am to 12:30 pm | 3:30 pm to 8:00 pm

Book Stall: 9:30 am to 12:30 pm | 3:30 pm to 6:30 pm

Study Hall: 8:00 am to 8:00 pm

Donation

Name: **Ramakrishna Mission**
Bank: ICICI Bank Ltd
Branch: P M Rao Road, Hampankatta
Branch, Mangalore
Ac No: **001401018947**
IFSC: **ICIC00000014**



Celebrating 75 Glorious Years of
Service to Humanity

Be a Volunteer

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/ mangalurumath